



NEWSLETTER 35/2025

14 FEBRUARY 2025

Dear Parent/Guardian

**RE: FIRST AID PROGRAMME (HEIGHTS AND SAFETY)**

We are excited to inform you that we will be introducing a First Aid training programme for our learners. This initiative aims to equip your child with essential life-saving skills and knowledge that can be applied in various situations.

The First Aid programme will cover comprehensive first aid techniques, including wound care, cardiopulmonary resuscitation (CPR), choking relief, and basic injury assessment.

Upon completing the programme, your child will receive a certificate valid for 3 years. This certification demonstrates their competence in providing basic first aid.

The skills acquired through this program will not only benefit your child but also enhance their ability to assist others, particularly during extra-curricular activities such as sports events, outings, and camps.

The cost of the First Aid programme is R550 per learner (Only First 24 Learners will be chosen to participate), which includes:

- Comprehensive training by certified instructors from the Heights and safety organisation.
- Certificate upon completion (valid for 3 years)

We believe that this programme will provide your child with invaluable skills and confidence to respond effectively in emergency situations.

If you would like your child to participate in the First Aid programme, please can any learner interested in participating in the course see Miss Khan on Monday second break.

**COST:** R550 per child

The full Amount to be paid by 28 February 2025

Thank you for considering this opportunity for your child.

Yours faithfully

**Miss M Khan**  
Coordinator

**Mrs E. Zizhou**  
Principal

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